



A Mini-Retreat for Women with Francesca LaRosa

Saturday, November 16, 2024

Mass at 8:30 a.m.

Program – 9:30 a.m. to 1:00 p.m.

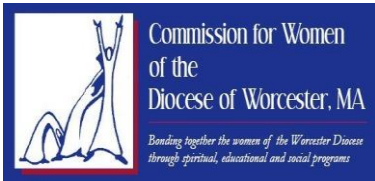
**Location: St. Anne's Parish
130 Boston Turnpike, Shrewsbury**

Join us for our annual women's retreat where Francesca will share her personal story and explore the powerful "yes" of Mary (Mary's Fiat), guiding us to embrace God's call in our lives. This inspiring day will also feature Advent Psalms, focusing on hope and unity as we prepare our hearts for Christmas.

With meaningful storytelling, uplifting music, and the warmth of sisterhood, this retreat promises to renew your spirit and inspire you to say "yes" to the journey of faith and becoming the saints we are meant to be.

Mary's Fiat, Faith, and Fellowship

Francesca is an internationally recognized Catholic composer, with her sheet music being played in churches all over the world. She is most well-known for her settings of the Psalms and prayers set to music, as she composes music to God's Word to help people memorize and proclaim the Word of God. She has a degree in music education from Ball State University, and served as a music director for 3.5 years in Indianapolis, IN. She now works as a full-time composer with her husband and music producer, David, creating resources for cantors and musicians to better the music for the Church.



***Sponsored by the Commission for Women
of the Diocese of Worcester***

***Visit our website for more information:
<https://worcesterdiocese.org/commission-for-women>***

You may also e-mail worcestercommissionforwomen@gmail.com.

Registration form (below) and check for the registration fee of \$25 per person should be sent by mail to Pamela Ashmankas, 5 Millbury Terrace, Millbury, MA 01527 by November 8, 2024. Seating is limited. Questions may be directed to Susan Zybert at susan.zybert@gmail.com or by phone at (508) 364-9154.

The day will begin with Mass at 8:30 a.m., followed by registration and coffee and pastries. A light lunch will be served. Carpooling strongly encouraged. (Checks will be cashed following the retreat.)

Registration Form – Please detach and include with check payable to Commission for Women.

Name(s): _____ Phone: (____) _____ - _____

Address: _____ City/State: _____

Parish: _____ E-mail _____

Total Registration Fee Enclosed: \$ _____ (Please complete a separate registration form for each attendee)

Dietary Restrictions: _____